

## Lesson 6

# Biblical Foundation of Praise and Worship

<b>Key Verse:</b>	2 Samuel 6:13-15 He went from spoken word to poetry, to sign language, bowing down to one knee to lifting his hands, to clapping his hands, to singing with all his heart to a new sound of the banging a drum, and he stop and leap to dance. David danced before the Lord to express his gratitude and his overwhelming emotions.
<b>Introduction</b>	Worship is an expression of reverent love and devotion to God.
<b>Key Scriptures:</b>	1 Chronicles 15: 16, 21; 1 Chronicles 25:1,3 2 Chronicles 29:25 Nehemiah 12:27 Psalm 33:2 Psalm 81:2 Psalm 147:7 Psalm 149:3

**Worship and Praise:** Expression of reverent love and devotion to God.

**Why is Psalms so important?**

**Theological:** All based on the covenant relationship with God

- Without the covenant, they would be meaningless
- In ancient times, reading of the psalms was always done aloud.

**The book of Psalms can be divided into a variety of categories or themes.**

- Royal:
- Zion:
- Repentant:
- Wisdom:
- Praises :

- Ascents:
- Lament:

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## The Tabernacle of God the Holies of Holies - Psalms 100:4

- The Holy of Holies:
- Day of Atonement:

## Prayer: Entering the Lord's Presence:

Prayer and Worship go hand and hand in entering into the presence of the Lord.

- Presence of God", Hebrew word is *shekhinah*

## Becoming and Instrument of Worship

### 2 Chronicles 5:10-14

<sup>10</sup> Nothing was in the ark except the two tablets which Moses put there at Horeb, when the LORD made a covenant with the children of Israel, when they had come out of Egypt.

<sup>11</sup> And it came to pass when the priests came out of the Most Holy Place (for all the priests who were present had sanctified themselves, without keeping to their divisions), <sup>12</sup> and the Levites who were the singers, all those of Asaph and Heman and Jeduthun, with their sons and their brethren, stood at the east end of the altar, clothed in white linen, having cymbals, stringed instruments and harps, and with them one hundred and twenty priests sounding with trumpets—

<sup>13</sup> indeed it came to pass, when the trumpeters and singers were as one, to make one sound to be heard in praising and thanking the LORD, and when they lifted up their voice with the trumpets and cymbals and instruments of music, and praised the LORD, saying: "For He is good, For His mercy endures forever," that the house, the house of the LORD, was filled with a cloud, <sup>14</sup> so that the priests could not continue ministering because of the cloud; for the glory of the LORD filled the house of God.

## Vocalization:

Psalm 118:14-15 The LORD is my strength and song, and is become my salvation. The voice of rejoicing and salvation is in the tabernacles of the righteous: the right hand of the LORD doeth valiantly.

## Dance and Worship - Temple of the Holy Spirit

**1 Corinthians 6:19** Or do you not know that your body is **the temple of the Holy Spirit** *who is* in you, whom you have from God, and you are not your own?

### The Struggle of Praise and Worship

#### Psychological Inhibition

- A mental state or condition in which the varieties of expression and behaviors of an individual become restricted

#### Physical Inhibition

Definition Inhibition:

- The act of inhibiting or the state of being inhibited. Something that restrains, blocks, or suppresses.
- **Psalm 149:3** Let them praise His name with the **dance**; Let them sing praises to Him with the timbrel and harp.
- **Psalm 150:4** Praise Him with the timbrel and **dance**; Praise Him with stringed instruments and flutes!